

Home Care Aide Basics

Free Award-Winning Online Course



Designed for English Language Learners at the intermediate level and above



Feb 28th - Mar 30th 2023

(10 sessions)

Tues & Thurs 9:00-11:30am

Classes are FREE and include:

- Basics of working as a Home Care Aide
- Guest experts from the field
- Job Fair with potential employers
- Certificate of Participation

Sign up Today!

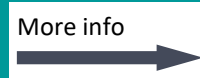
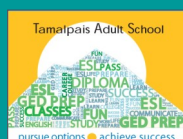
To Register

Use QR code:



Or visit us at & www.tamadulced.org & click on
"Register for Home Care Aide class"

Or give us a call at 415-945-1031



Prepare for a High Demand Career at Tamalpais Adult School

What Will You Learn?

- ◆ Roles and responsibilities of a caregiver
- ◆ Personal care (bed, bath, dressing, grooming)
- ◆ Mental health (symptoms and resources)
- ◆ Body mechanics (safety and transfer of patients)
- ◆ Last phase of life (care, stages of grief)
- ◆ Nutrition basics (food safety, diabetes care)



What Students Say About the Class

- ◆ “I really like this course. The teacher and class are amazing!”
- ◆ “I really appreciate the opportunity to earn the course certificate for free!”
- ◆ “The course gave me self confidence“
- ◆ “I found all of the subjects to be very informative and helpful.”

For more information, call 415-945-3780 or visit www.tamadulthood.org

“I wanted to say thank you – we hired a student from the Home Care Aide class after meeting her at your Job Fair. She’s been working with us for three months so far. She’s absolutely wonderful!”

Caroline Ziegler,
Co-Owner

Senior Helpers of Greater Marin



More info 